

Gene Pimples

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Hi, myself Rupansh Dubey. I am an 18 year old boy, who's living in this city away from home and pursuing my graduation. I was (read "was") suffering from pimples problem, until I met 'Doc' and from that day my life has changed completely. It all started at around a year back when the first pimple popped on my face. Like any other normal teenager I thought that these things are natural, I used to pop & squeeze them in order to remove them. I used to get 1-2 p new pimple every week. But things started getting worse when I came to Mumbai to pursue my studies. All alone in this city, amidst tension my face started turning into a "Jackfruit" with pimples all over it. Every morning after getting up from the bed, the first thing I used to do was stand in front of the mirror and check for new pimples. My ~~was~~ self confidence turned from bad to worse and I used to avoid public gatherings and used to hide my face with hand. I tried it all, from various types of cosmetic creams to oral pills but all my efforts were in vain. I could see no signs of recovery with my face turning worse day by day. I used to do a lot of net-research about this disease. I tried everything from home-made facial creams to medicinal creams but nothing worked for me. But one day I thought, "It's better I should consult a doctor". I dialled the helpline "Just Dial" to give me the names of Dermatologist near Andheri(E)

Next page

and never in my dreams I thought that life would change so beautifully from then onwards. ~~It~~ I still remember the auspicious date of the life "~~Aug~~" "September the 15th" when I first came to Doc's clinic. Before that I used to doubt the curing properties of Homeopathy, terming it as a "slow process". But my very first meeting with Doc. filled me with immense confidence that I am going to be alright shortly :).

In the very first meeting, Doc explained me the cause of the disease. He told me it is not external treatments that matter but what matters is "What goes inside your body". On the very first visit, I was impressed by Doc. He told me the various methods of leading a healthy life. Today after 3 months of treatment, I am 90% better, actually my problem was 70% better during the very first month but due to my style of living and busy time schedule I was not able to co-operate that much from my side but still the treatment worked wonders. I was very serious from my side during the first month of treatment but as time passed by I became a little complacent as well as careless from my side. I even missed my medicine for around 20 days but still my face condition was the same due to the earlier efforts made by the Doc. I learnt the importance of fruits, vegetables and healthy food from Doc. He even taught me the Mantra to live a healthy life. He has really transformed my life especially with the motivation he provides and now today I think 10 times before eating something

Next page

"wrong". The treatment method is very simple. The 'wonder pills' provided by Doc look small but they act big. More than the pills, the tips and ideas provided by him are of great importance. The exercises helped me in getting cured very fast. You can actually visit him as many times as you want and he always carries the sweet smile on his face. The telephonic services are par excellent and you can solve your queries even on the phone.

The Doc. is very very Honest and cares about his patients. Whenever I didn't use to turn up he used to call me and say that "I want you to be better". Money takes the backseat in front of him and the health of the patients is of prime importance. His methods and ideas are very effective and are quite easy to implement. The best thing is that he imagines himself in place of the patient and is very concerned about them.

His knowledge about other fields of medicine & therapy are also commendable. The no. of books in his personal library gives you the impression how well read he is, and his speech actually conveys the words written in those books. The compounders were also very helpful and co-operative on the phone as well as personally.

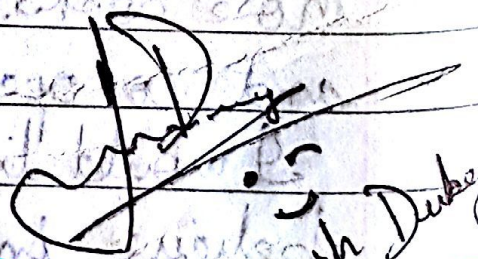
I would like to advice other patients that just believe in the Doctor and have faith in him and this way your life is in very safe hands. Just blindly follow whatever he says as it will definitely help you in life. This way you will maintain your health, as well as your disease will be cured. Restrict your diet according to plans the doctor has set up for you and then you will surely

Next page.

undergo the magical process which I have undergone and your life will be transformed completely. The treatment will provide a new outlook to your life and will make you aware about the DO's & DONT's to lead a healthy life. But do make sure you do all the "Parhey" suggested by the doctor, I know this is hard but think about the future while doing it. I think, that you will be cure sooner if you ignore a food item which you are not supposed to consume, as they say "No PAIN No GAIN", so you have to bear some pain and leave some food items which are unhealthy.

In the end I would just like to say that "If even 10 more people start serving the way Dr. Sunil Mehra does, I ~~can~~ can bet on this that no person would ever fall sick in this city and would always lead a healthy life".

Thank you Very Much Doctor.


[Rupam Dubey]